



Herbal Solutions & Spa Newsletter

Oct.
2026

Featured Herbs & Supplement

Bluebonnet Chelated Magnesium

A highly absorbable form of magnesium (bisglycinate chelate) that supports muscle and nerve function, energy production, and overall relaxation.

Himalaya Organic Bitter Melon

A traditional Ayurvedic herb, Bitter Melon combines organic whole-plant powder and extract to support glucose metabolism and healthy blood sugar levels already within a normal range.



New
Product



Featured Brand

Similasan Eye Relief (Complete & Irrigated)

Relieves dryness, irritation, and burning while locking in moisture. Complete targets multiple symptoms at once, Irrigated Eye Relief focuses on burning and general irritation. Preservative-free and contact-lens safe.

4 Paws Favorites

Weruva Steak Frites Dinner Freeze Dried

Made with sirloin tip, egg, pumpkin, and sweet potato - over 75% animal protein, zero bones or fillers. Serve dry for crunch or rehydrate for a moisture-rich meal.

Kong Toughz Dodo

A durable plush toy with a double squeaker, tough enough for thrashing and shaking, soft enough for naptime cuddles.

Flora Dog (by Vital Planet)

A high-potency, 10-strain probiotic that supports digestive balance, immune health, and seasonal allergy response.



PRACTITIONER SPOTLIGHT

Nick Chipman

#7918 Massage Therapist

Nick specializes in Deep Tissue massage, holding licenses in two states and multiple advanced technique certifications. A graduate of the Augusta School of Massage, he began his career here at Herbal Solutions before moving to Tennessee to marry and start a family. Now back in Aiken, Nick is also pursuing his elementary school teacher certification alongside his massage practice.



UPCOMING EVENTS

Puppy Class

Begins October 6th with Pat Czaikowski. Cost is \$150 (details on our website).

NEW: Tai Chi Class

Forming for October with Daniel Thurston. Class size limited to 6.

Doggy Nail Clinic

October 17th, 11am to 1pm.

www.twoherbalsolutions.com